## SELF-ASSESSMENT INDEX

NAME : Jane example CONFIDENTIAL REPORT

AGE: 44 GENDER: Female

ETHNICITY/RACE : Caucasian

EDUCATION/HIGHTEST GRADE : 12

MARITAL STATUS : Married DATE SCORED : 4/22/2018

Self-Assessment Index results are confidential and are working hypotheses. No diagnosis or decision should be based solely upon these results. These test results are to be used in conjunction with experienced staff judgment and review of available records.

MEASURES	%ile	SELF-ASSESSMENT INDEX PROFILE		
		++++++++ - LOW RISK - MEDIUM -PROBLEM-MAX-		
TRUTHFULNESS	54			
ALCOHOL	96			
DRUGS	96			
WORK INDEX	92			
STRESS COPING	89			
		++ 0		

Present probability of program completion and obtaining or keeping a job: Problematic

## SUMMARY

This person was truthful when completing the SAI. A very serious drinking problem is indicated. A very serious drug problem is revealed. Alcohol and Drugs Scale scores show polysubstance abuse. Serious work-related attitude/motivational/people problems are present. This person has a stress coping problem.

This SAI report identifies serious problems. These problems need to be worked through and resolved if this person is going to successfully meet program goals: vocational rehabilitation, maintain recovery, and sustain employment. This is a troubled person who needs a lot of help. Review elevated (score at the 70th percentile or higher) scale scores very carefully.

## SELF-ASSESSMENT INDEX RESPONSES

 • \* SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES \* \*

TRUTHFULNESS SCALE: MEDIUM RISK RANGE

This welfare recipient's Truthfulness Scale score is in the medium risk (40 to 69th percentile) range. Although not devoid of any pretense, this person's scale scores are reliable, accurate and trustworthy. This client understood the instructions, was cognizant of expectations and cooperated. Answers are essentially open, forthright and unaffected. Specific questions will usually be answered more accurately than open ended or general questions. This is a valid profile and other scale scores are accurate.

ALCOHOL SCALE: MAXIMUM RISK RANGE RISK PERCENTILE:96 Very serious drinking problems are evident. Either this person's drinking is out of control, or this is a recovering (drinking problem, but abstaining) alcoholic. Item #98 (structured interview) gives this welfare recipient's answer to the "recovering" question. Drinking is negatively impacting on this person's life. Consider a referral for a psychological evaluation, diagnosis, treatment plan and prognosis. This welfare recipient's score on the Alcohol Scale is in the severe risk (91 to 100th percentile) range. This is a very needy person.

DRUGS SCALE: MAXIMUM RISK RANGE

This client's score on the Drug Scale is in the severe risk (91 to 100th percentile) range. A very serious drug problem is indicated. Either this person is "recovering" (drug problem, but has stopped using) or has a very serious drug problem. This welfare recipient's answer to item #98 (structured interview) should answer the "recovering" question. Referral for a psychological evaluation, diagnosis, prognosis and treatment plan might be helpful. This client is a very needy person. Chemical dependency treatment augmented with NA or CA meetings may help. Academic, vocational and employment goals may have to wait until this person works through their drug problems.

WORK INDEX SCALE: MAXIMUM RISK RANGE RISK PERCENTILE:92 This welfare recipient has many attitudinal and adjustment problems to overcome if they are going to successfully complete a meaningful vocational rehabilitation program. This client's Work Index Scale score is in the severe problem (91 to 100th percentile) risk range. Intervention options include counseling (individual or group) and/or a highly individualized vocational rehabilitation (work preparedness) program. This person has many attitudinal problems to overcome if successful job placement is to be achieved.

STRESS COPING SCALE: PROBLEM RISK RANGE RISK PERCENTILE:89 Stress coping abilities are not well established. This welfare recipient's Stress Coping Abilities Scale score is in the problem risk (70 to 90th percentile) range. Stress is exacerbating adjustment problems. Symptoms of stress often include impaired concentration, irritability, short attention span, a tendency to become disorganized and error prone. Perceived stress is likely contributing to emotional and adjustment problems. This person would benefit from a stress management program. Staff should talk with this client in a non-threatening and supportive manner.

SIGNIFICANT ITEMS: These answers are the respondent's self-reported responses. They represent direct admissions or unusual answers, which may help in understanding the individual's situation.

ALC	DHOL	DRU	SS		
6. 23. 27. 31. 35.	Sometimes drinks too much Concerned about drinking Attended AA meetings Been told has a drinking prob. Admitted a drinking problem A different person when drinks Drinking is a problem	25. 29. 33. 37. 39.	Many friends use drugs Family suggested get help Drugs threatened success Smokes pot socially Treated for drug problem Drug use in last year In drug treatment		
WORK INDEX			WORK INDEX		
15. 41. 54. 60. 62. 66. 71.	Not happy with life Arrogant/demanding/controlling No encouragement to improve States loses temper quickly Responsibilities make it hard Rarely has positive attitude Very often conflict with others Typically careless or hasty Rarely positive or hopeful	83. 86. 91. 92. 93.	Very often angry or hostile Very often unhappy/lonely Rarely patient or tolerant Rarely accepts criticism Rarely trusts own judgment Rarely careful or cautious Very often family problems Recently suicidal/homicidal		
prin resp answ	FION 3: The welfare recipients and the selow. It should be noted bondent's opinionwith all of wers allow comparison of the elective and empirically based sective.	tha <sup>.</sup> its clie	t these answers represent the biases. These multiple choice of the bids with		
97. 98. 99. 100	States drinking a serious prob. Admits "recovering" drug abuser States drug use a little prob. No serious family/relat. prob.	101 102 103	. Recently suicidal/homicidal . In two drug treatment programs . In 1 alcohol treatment program		
	ADDITIONAL INFORMATION	ON PI	ROVIDED BY CLIENT		
	nol-related arrests 1 nol treatment programs 2		g-related arrests		
OBSI	ERVATIONS/RECOMMENDATIONS:				
STAI	FF MEMBER SIGNATURE	DATE			
J . A		_,			